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## Sunrise Ranch Newsletter

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### Activation of Silence: Enter the Door of the Heart

March 23 - 25 | 2018



Come to Sunrise Ranch March 23-25, 2018 to learn and deepen in The Form Reality Practice, parts one and two, and to participate in a remote live session with the founder, B Prior. Retreat experience led by Carolyn Gruchy and Oren Yakovee.

In the movement of The Form you will

- Discover the activation of stillness that is the origin of movement.
- Find deeper expression from and as the activation of silence at the core of the heart.
- Realize yourself as the core of Being that eternally creates ever-new reality.

Note that all body types and physical limitations of any kind are welcome. The movement of The Form is gentle and adaptable.

Retreat Schedule: Retreat begins with Dinner on Friday and Ends with Lunch on Sunday.

Learn More and Register



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View All Of Our Upcoming Events at  
<https://sunranch.org/events/>



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Sunrise Ranch Sunday Service Live Stream and

# Teleconference

Every Sunday @ 11am MT



Sunrise Ranch is the international headquarters for Emissaries of Divine Light and holds a spiritual worship service every Sunday. In our 400-seat geodesic dome auditorium, there is a range of musical, dramatic and poetic performances along with ministering of inspiring messages of Truth and Love. As a non-denominational ministry, we focus on the inherent connection to divine source within oneself and the joy that comes from living a fulfilled life in spiritual orientation. We each have an inner being that connects our outer humanity to the Source of Life Within. Join us for this time of celebrating the Spirit of Love that connects us all.

Our physical location is [100 Sunrise Ranch Rd., Loveland, CO](https://www.sunriseranch.com/). All are welcome to attend in person and stay to visit afterward for a delicious lunch and a time of group discussion around the topics and tone of the service. We also encourage those not local to join in via the telephone, Facebook Live or live-streaming through Zoom.

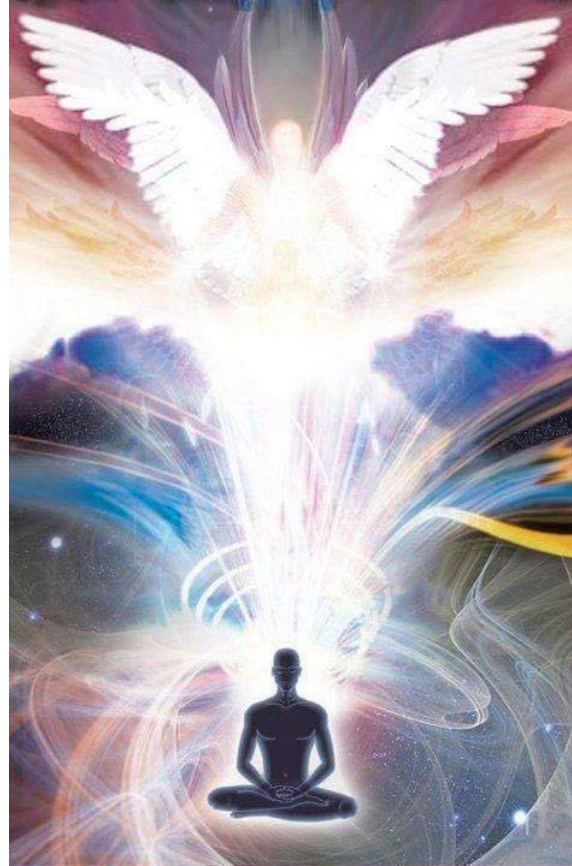
[Connection Information](#)

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**Poetry Corner - REBORN**

By Rajazuhl

Discover the Disciple Within.  
The Great Warrior of Light  
Is reborn and will begin  
To rightly take up thy plight  
And walk the path once again.  
When the intention set is right  
For all parts playing to win,  
With visions of wholeness in sight,  
The balance of love does set in.  
Just as daylight sheds the veils of night,  
The pure of heart transcends past sin,  
Moving to live and grow in the light  
And seek first the Kingdom Within.



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## Blog Excerpts

### Media at Fault? Or Default?

By Tom Cooper

In recent years one has heard the media blamed for everything from excessive violence, foul language and sex available to children and to the ruining of elections, reputations, and the truth itself. But is the media at fault? Or is it rather the default state of human beings to dig for dirt, amplify gossip and promote our own subjective world views?

What if you woke up one morning, checked out the news and a totally different report was on your screen? What if the lead story proclaimed that, "Today one billion blades of grass, two million stars, and one million babies were born." What if the news then continued to list amazing achievements not only by human beings but by animals, insects, and the universe itself—all magically transpiring since yesterday's news.



[Read Full Blog](#)

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## The Magic of the Mind

By Gary Goodhue

I think it is important for us to recognize what parts we have, how they work and how to operate them in a way that works within the whole. If we are operating in a harmonic co-creative flow with the whole, then we are able to perceive what is wanting to be born and expressed from a larger picture.


I believe the conscious mind has a very unique and powerful job because of something called free will. The conscious mind is endowed with the power of choice and has with it the ability to use logic and reasoning to figure things out. But it is also very limited in its perspective—we can only see so much. We only really understand a portion of what is going on, whether you are looking at the big-scale pictures of the world or the little-scale pictures inside of your life and everyday relationships.

[Read Full Blog](#)

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## Special Events

★ Event ♥



Activation of Silence: Enter the Door of the Heart

March 23 - 25 | 2018

★ LEARN MORE

★ Event ♥




Primal Spirituality 1: Blessing and

May 08 - 12 | 2018

★ LEARN MORE

★ Event ♥



Mind, Movement, Magic

June 28 - July 1 | 2018

★ LEARN MORE

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